



General John Nixon School

472 Concord Road, Sudbury, Massachusetts 01776
Telephone (978)443-1080 Facsimile (978)443-0282

Joni Jay, Principal

March 2010

Dear Parent/Guardian,

Postural Screening of your child's class will take place this year on **Thursday, March 11th**. The purpose of this screening is to detect early signs of possible spinal problems in children during years of rapid growth. It is not a diagnostic service, but a program required by the state to identify young people in grades 5-9 who should have further medical evaluation. Prior to the screening, I will visit each class and discuss the purpose for the screening, describe the screening procedure, and answer any questions the students may have. This session will take place the week before the screening date listed above.

The screening procedure is simply to observe the child's back from various positions as she/he stands upright and bends forward. If your child has demonstrated positive signs, you will be notified and asked to take your child to your pediatrician for further evaluation. If nothing unusual is found I will not contact you. A parent or guardian who refuses to have postural screening done by the school, or whose child is already under care for a postural problem, will need to provide written documentation from their family physician stating the screening has occurred.

Girls are asked to wear a **one or two-piece bathing suit or sports bra** at the time of the screening. This type of clothing permits a more accurate observation of the back. Boys and girls will be screened separately, and each child will have a private individual screening. Students will not be removing their shirts in the presence of any other student.

If you have questions or concerns, please contact me at 978-443-1080, ext. 1103.

Sincerely,

Anne Chabot, R.N.
Nixon Health Office

Work hard to learn
and don't give up.

Be curious
and excited.

Honor and
respect differences.

Work cooperatively
with adults
and children.